



Dr. Christine Sauer MD ND

Train Your Brain
for Success

Brain Health
Mental Health
Holistic Health

**TEDx Speaker
Bestselling Author
Human**

5D Wellness Wizard

"Made in Germany, Living in Canada"

Physician and Naturopath

Brain Health Professional

Licensed Brain Trainer

Havening Techniques Practitioner

Licensed Neuroencoding Specialist

Integrative Nutrition Health Coach

5-Dimensional Wellness Expert

Mom, Grandma, Wife

Mental Health "Survivor"

Weight Loss Expert



Sample Feedback

"Awesome!" 👍 Good job! Earth needs more people like you!"

"...enjoyed it! Learned new ideas! Thank you!"

"Enjoyable presentation skills, humor, energy, very responsive to any questions."

"This was great. Loved it!"

"excellent – lots of great information"

"very good presentation!"

"Fantastic!"

"Interesting, Entertaining, informative"

"Very interesting! Christine has been so helpful! T

Teaching Dr. Daniel Amen
MD's Material and Courses

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www.Brainwarriors.ca

www.DocChristine.com



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Living in Nova Scotia - Eastern Canada
Working Worldwide - Online and in Person